

How to DON PPE for COVID-19

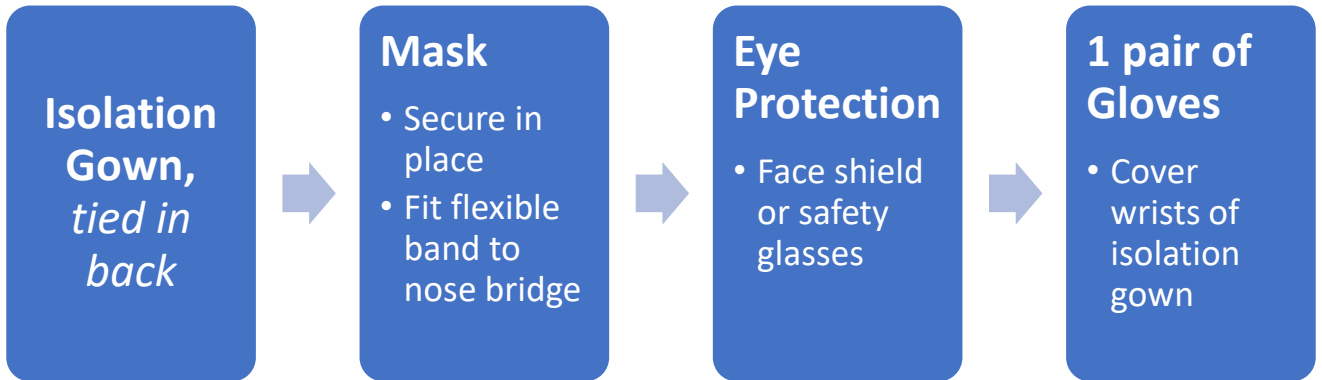
Donning PPE for Droplet and Contact Precautions

March 13, 2020

What PPE do I need to provide routine care (non aerosol-generating procedures)?

The main risk of exposure is unprotected eyes, nose and mouth. Healthcare workers caring for a patient with confirmed or under investigation for COVID-19 are recommended to use **Standard, Contact and Droplet Precautions**.

Perform Hand Hygiene. Don the following PPE in order:



Your PPE should match a photo below:



Scan or click below for a 2 minute video demonstration



For Urgent or Patient-Related Questions:
Call Infection Prevention: Vocera # 1564 or 733-3506

How to DOFF PPE for COVID-19

Doffing PPE for Droplet and Contact Precautions

Updated March 30, 2020

What do I need to know before doffing PPE?

Doff slowly to minimize the risk of contaminating your clothing, skin, or mucous membranes. If your hands get contaminated at any point during doffing, stop and immediately perform hand hygiene.



Where do I doff my PPE?

All PPE may be doffed by the door inside the patient care room. Anterooms for doffing are not required. If an anteroom is available, doff your PPE in the anteroom.

How do I doff my PPE?

1. Check for contamination

- Check for signs of gross contamination. Remove if possible before continuing the doffing process. If possible, have a partner watch carefully as you doff.

2. Remove the gown and gloves together in one fluid process

- Grasp the mid section of the gown and pull forward to break the waist ties.
- Then, cross hands across chest to grasp shoulders and pull forward to break the neck ties.
- Roll the gown inside out and away from the body.
- Remove gloves with the gown sleeves, one arm at a time.
- Dispose of the gown and gloves in the trash. Do not compress trash down (this can generate aerosolized particles).

3. Perform hand hygiene

4. When mask and protective eyewear will be used for extended use, skip to Step 8.

- Refer to "Doff & Clean Face Shield for Reuse" Job Aid

5. Remove eye protection

- Bending forward slightly, grasp head band from side or back and remove forward and away from your head. Place it in the trash face down.

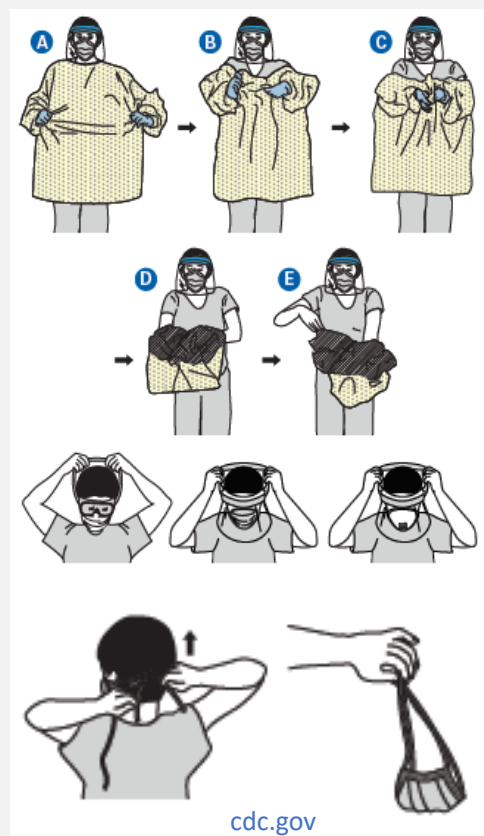
6. Remove mask

- With both hands, grasp mask strap at back and remove with a forward motion away from your head. Place it in the trash face down.

7. Perform hand hygiene

8. Exit the patient room

9. Perform hand hygiene



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Scan or click for a 2 minute video demonstration



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