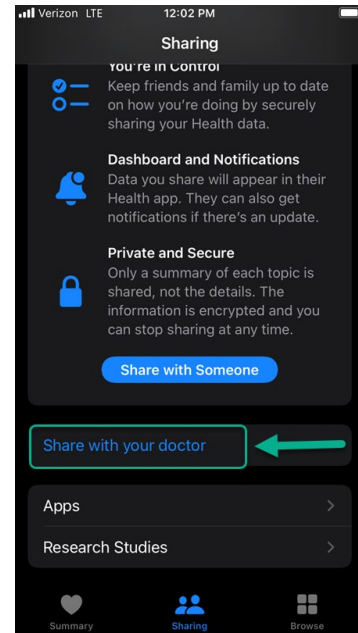
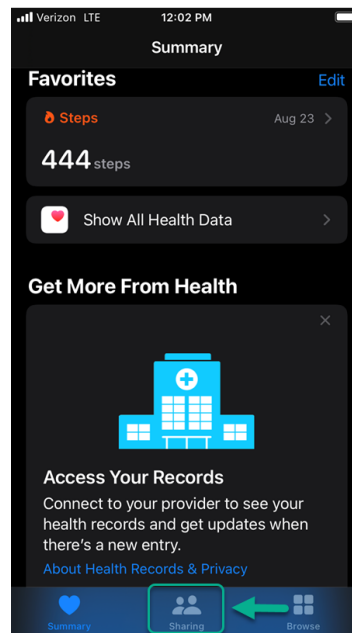
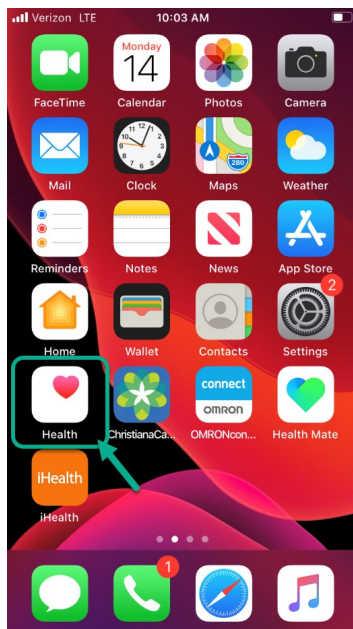


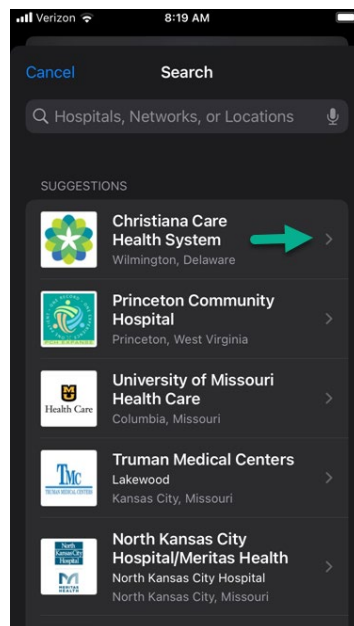


### Connecting your ChristianaCare Patient Portal to Apple Health

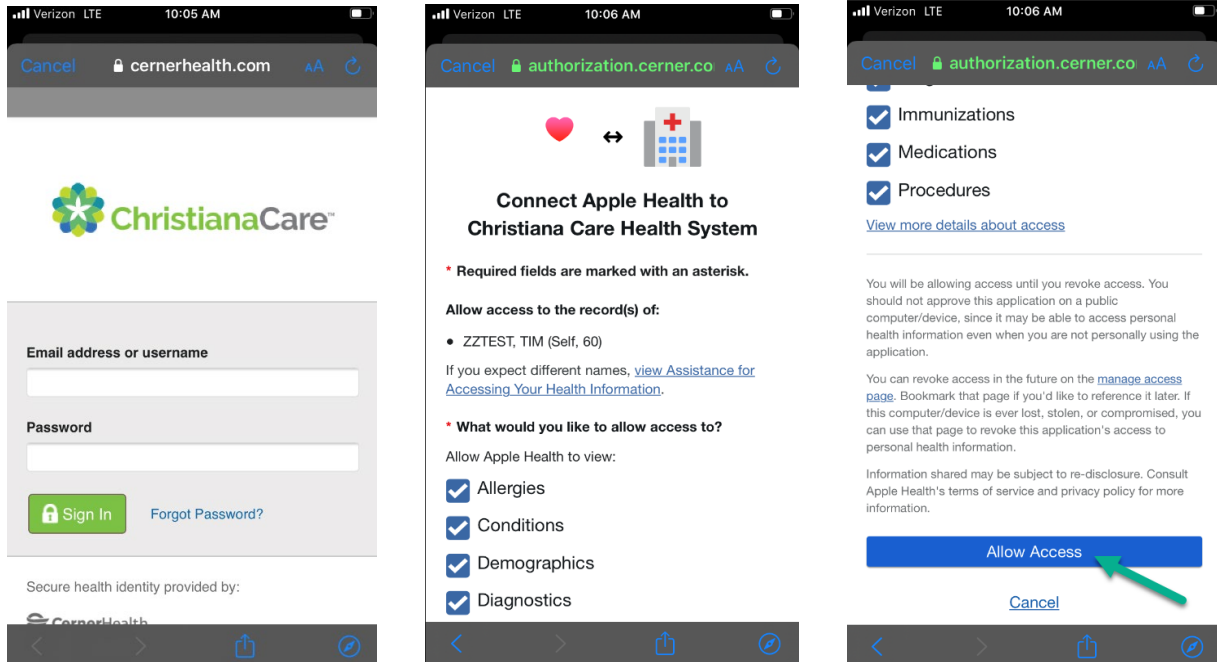
- 1) Make sure you are enrolled in the ChristianaCare Patient Portal  
If you need to enroll, visit: <https://christianacare.org/patients/myhealth>
- 2) From you Apple (iOS) device, open the Health App and click **<Sharing>**, then scroll down to select **<Share with your doctor>**



- 3) Review how sharing works and click **<Next>**. Select **<Christiana Care Health System>** and click **<Connect Account>**



- 4) You will be presented with the ChristianaCare Patient Portal login screen. Sign in to your portal account and then confirm data you want to connect with Apple Health and click **<Allow Access>**. *(NOTE: this step identifies data you want to download to your iOS device/Health app. You will choose what you want to share next)*



- 5) Choose health data you want to share with your doctor and click **<Next>** and review notifications. **Click <Next>**. You are now connected and sharing!

